

Counseling Center of Arta

Open: Monday to Friday 08:00 – 15:00

Address: 24 Tzavella str., Arta

Tel./Fax: 26810 77400

E-mail: womenaid@arta.gr, skgarta@gmail.com

Counselling Center in Ioannina

Open: Monday to Friday 08:00 – 16:00

Address: 68, Marika Kotopouli Str., 454 45

Tel./Fax: 26510 7449

E-mail: ioannina@isotita.gr

Counseling Center of Kalamata

Open: Monday to Friday 08:00 -16:00

Address: Perrotou and Mantiklou, Kalamata

Tel: 27210 99212-225, Fax: 27210 99225

E-mail: ksg@kalamata.gr

Counseling Center of Korinthos

Open: Monday to Friday 08:00 – 16:00

Address: 58 Ethnikis Antistaseos str. (ground floor), 201 31

Tel./Fax: 27410 74670

E-mail: skgyndk@otenet.gr

Counselling Center in Patra

Open: Monday to Friday 08:00 – 16:00

Address: 101b Kanakari Str., 262 21 Patras

Tel./ Fax: 2610620059

E-mail: patra@isotita.gr

Counseling Center of Preveza

Open: Monday to Friday 07:00 – 15:00

Address: 6 Ionias str., 481 00, Preveza,

Tel.: 26820 24444, Fax: 26820 89667

E-mail: womenaid@1485.syzefxis.gov.gr

Counseling Center of Pyrgos

Open: Monday to Friday 08:00 – 16:00

Address: Taki Petropoulou and Patras street, 271 31

Tel.: 26213 62634

E-mail: pyrgoswomen@outlook.com

Counseling Center of Tripoli

Open: Monday to Friday 08:00 – 16:00

Address: New Dimotiki Agora

(municipal market) square, 221 31

Tel: 2710 241814, Fax: 2710 239592

E-mail: tripoli@isotita.gr

You are not alone
You are not
the only one

You can
receive
support



This leaflet was published with the support of UNHCR, the UN Refugee Agency, in the framework of its cooperation with the General Secretariat for Gender Equality.

Are you a woman and you have been threatened with violence, intimidated, humiliated, insulted or forcibly isolated? Have you been beaten by anyone?

Did anyone try to force you to have sex or other sexual acts? Are you forced (or have been forced) to get married to anyone?

Are you a woman and you feel at risk of facing any kind of violence?

Are you a mother with children and you feel at risk of facing any kind of violence?

In case you are facing any of these situations, you can ask for help and protection.

The General Secretariat for Gender Equality, the competent governmental body for preventing and combating violence against women, has a network of services that can provide you with support: you can be referred to a Counselling Centre where people will listen to you and provide assistance, including information about how you can overcome this situation. You might also be accommodated in a safe Shelter with your children^[1], where you will be provided with accommodation, food and support.



Therefore, get to the person in charge of the accommodation facility (site manager) you are residing in or to UNHCR or to an NGO that operates in the accommodation facility, or to the staff of the Agency that provides you with accommodation in an apartment, and they will provide you with more information about how to have access to support. **You can also call the helpline 15900 (in Greek or in English).**

^[1] Girls under the age of eighteen (18) years old. Boys under the age of twelve (12) years old.

Any information you share with them will remain confidential and will not be shared further without your permission.

Furthermore, depending on your needs and wishes, you may be referred to the nearest Hospital for the provision of appropriate medical treatment or medical examination, in case you wish to report the incident.

What happens next:

Counselling Centres' staff will:

- Listen to you
- Give you support and advice
- Refer you to the appropriate services, according to your needs
- In case you choose to be referred to a shelter, cash assistance that may have been provided to you before your accommodation to a shelter, will not be discontinued.

In case you are under 18, the National Centre for Social Solidarity (EKKA) can provide you with support.

You can also call the helpline 1107 (in Greek or in English).

In particular, in case of rape:

- Visit the closest hospital as soon as possible,
- Try not to shower before the medical examination in the hospital,
- Keep the clothes you were wearing and do not wash them, in case you wish to report the incident to police, as there might be useful evidence for the investigation.

All services are free of charge.