

**Mipi Hrang Poimawh Thuthan**  
**Nunau-mipa-sinak Parih Thahrur Hmanank (GBV)**  
**Nunau-mipatnak zawngih Sorawknak le Hmuhsuamnak (PSEA)**

**1. Nunau-mipa-sinak Parih Thahrur Hmanank (GBV)**

Nunau-mipa-sinak parih thahrur hmanank cun thinlung ruahnak lam, taksa lam le nunau-mipatnak zawngih tuahmawhnak pawl kha minung parah a thlen ih, himi hi cohlan theihlomi a si.

- COVID-19 hrileng rero lai caanah hin, hna tamsawn le phurrit tamsawn cu na liang parah a thumaw a si men thei. Thin buai, thin bang le thlaphang ih um cu thil pangai a si ko ti hi na cing ringring pei.
- Na inn sung lole kiangkap ah himlo ih na theihawk ah simaw, tuahmawh na si ah simaw, lole hringhro siih na theihawk ah simaw, thih lole hnaihnok ternak na tawng asile, a tanglam ih pehtlainak ding kan retmi ah hlalal ihsin thuthup humhimnak thawn bomnak a umtheimi kha na hawl pei.
- Bomnak hawl ding kha zahthlak ah na ruat lo pei. Bomnak ngah ding diknak covo na nei. Nangmah ten na tawrel awk a thul lo. Nangmai mawh asilo ti kha na cing ringring pei.
- Nangmah lole na sungkua lakih pakhat khat in hringhro tawng simaw dinhmun thnung in an um asile, palik/bom dilnak nambat na biak pei.
- Damsuakmi pawl le community khal in himi thuah ziangmawtal cu an tuah ve thei ko. Daiten umsan men cu a lehrulnak a si lo. Umlannak dingih a himmi le kiang le kap a bawmaw zetmi hmun ih sersuah le nunau-mipatnak lam le nunau-mipa-sinak parih thahrur-hmanank kham ding cu community mi zovek khali mawhphurnak a si.

**Damsualmi pawl bom dan ding:**

- Damsuakmi ih thu kha ngai awla, a bulpak nun kha upat aw.
- Damsuakmi pawl cu harhdamnak, humhimawknak, upadi daan thu le thinlung ruahnak lam bomnak pawl kha cutivek bomnak hnatanu pawl hnenin an ngah theinak dingah na bawm pei.
- Damsuakmi cu va mawhtluk in simaw a thu va then sak hlah.
- Thilthleng kha vantlang theihah rel hlah.
- Thilthleng kha siannak telloin simtheihnak va tuah hlah.
- Daiten umsannak kha zohlum men hlah.

**Zangfahten hminsin aw; Raltlan pawl le Himnak-hawltu pawl cun GBV thilthleng simtheihnak tuah le a thul dan vekih bomnak a phunphun cu, COVID19 hrileng tikcu caan a si hmanah, ziangvek caan khalah an ngah thei ding.**

Thupi zetih GBV buaipitnak le bomnak hnatanu pawl cu a mamawhtu hrangah a um ringring a si ti fiangter dingin GBV nun runsuah hrolhawknak pawl cu tuah vivo a si ding.

Atanglamih pehtlainak pawl hmangin thuhla tam thei bet dingah UNHCR le tuanzung pawl kha na pehtlai pei.

**UNHCR GBV Bom dilnak nambat: 9821235410, UNHCR Toll Free: 1800-1035635; email: [indne@unhcr.org](mailto:indne@unhcr.org)**  
**Delhi: (BOSCO) 9871062351 and (SLIC) 9599561930**

**Jammu (SCI):** 8802771788

**Hyderabad (SCI):** 9177731123 and 9100319411, email: [rrhelpdesk@savethechildren.in](mailto:rrhelpdesk@savethechildren.in)

**Jaipur (DAJI):** 06375907837

**Mewat, Aligarh, Mathura (Action –Aid):** 7838355763, 6387852685

**Pune (GNMS):** 020 26699460, email [gnmspune@gmail.com](mailto:gnmspune@gmail.com)

## 2. Nunau-mipatnak zawngih Sorawknak le Hmuhsuamnak lakih Humhimnak (PSEA)

- Mi harsa bomnak pawl a phunkimin alak an si. Mi harsa bomnak ngah dingah nunau-mipatnak lam lole duhzawng tuahsakanak dang thawn khal, aman vekih thlengawk dingah dil theih a si lo.
- United Nations le mi harsa bomtu pawlkom pawl hin nunau-mipatnak zawngih sorawknak le hmuhsuamnak lakah theihthiamnak umlo timi daan an nei a si.
- UNHCR hnatuantu, tuanpizung hnatuantu le/lole *contractor* (cumi cu; UNHCR thawn pehzawmih lungkimnak tuahmi thawn hnatuantu) in unau-mipatnak zawngih sorawknak le hmuhsuamnak a tuahmi ah UNHCR in theihthiamnak umlo timi daan a nei.
- UNHCR le tuanpizung pawl ih bomnak hnatanmi zaten (UNHCR Zungca, Hminkhumnak, Raltlan Sinak Ruahfelsakanak, Ramthumnak Fehternak le ziangvek bomnak dang pawl khal telin) aman umlomi alak an si.
- UNHCR hnatuantu, tuanpizung hnatuantu lole *contractor* in Nunau-mipatnak zawngih Sorawknak le Hmuhsuamnak a um pang theih ruahnak lole rinhelhnak a neitu zokhalin cuvek thuhla pawl cu **Headquarters ihum UNHCR’s Inspector General’s Office (IGO)** rori ah tlangzetin, email: [inspector@unhcr.org](mailto:inspector@unhcr.org) ah, website: <https://www.unhcr.org/igo-complaints.html>, fax at +41 22 739 7380 hmangin, lole carek kuatin: UNHCR, 94 Rue de Montbrillant, 1202 Geneva, Switzerland ah na simthei pei. IGO in theihternak a donmi cu thuthup in a ret a si.
- IGO in theihternak a donmi cu thuthup in a ret. Theihternak tuahmi in tanpinak lole bomnak hnatanmi ziangkhal a kham lo ding.
- Nunau-mipatnak zawngih sorawknak le hmuhsuamnak ziangvek khal na tawng asile, humhimnak, harhdamnak lam, thinlung lam le bomnak dang khal ngah dingin covo na nei.
- UNHCR India ih **Nunau-mipatnak zawng ih Sorawknak le Hmuhsuamnak (PSEA) lakih Humhimnak** thawn pehparih hnatuantu na biak pei. [indne@unhcr.org](mailto:indne@unhcr.org) ah email na kuat thei, UNHCR zung hmai ih retmi Bawm Sen ah ca na ap thei, le/lole GBV Bom dilnak nambat: 9821235410 ah na biak pei.

### **Thupimi:**

UNHCR le Atuanpizung pawl ih bomnak hnatanmi pawl le bomnak pekmi zaten aman umlo alak an si. Bomnak hnatanmi le tanpinak pawl hi nunau-mipatnak zawngin simaw duhzawng tuahsakanak dang thawn thlengawk theih a si lo.

UNHCR le Atuanpizung pawl hin Nunau-mipatnak zawngih Sorawknak le Hmuhsuamnak parah theihthiamnak umlo timi daan an nei a si.

Mipi nhen thuthan ih theihternak kan tuahmi thuhla ah thusuh duhmi na nei asile, **UNHCR GBV Helpline:**

**9821235410** lole email: [indne@unhcr.org](mailto:indne@unhcr.org) ah UNHCR pehtlai in na biak thei.