



For Persons experiencing Violence

1) General Secretariat for Gender Equality (GSDFPGE) - "SOS Helpline" 15900 📞

Psychosocial support to women experiencing gender-based violence

- English
- Arabic (Monday and Thursday 9:00 -11:00)
- Farsi (Tuesday and Friday 9:00 -11:00)

2) A21 - 1109 📞 - Human trafficking resource line
English, Ukrainian and interpretation upon request
24/7

LGBTQI+

Emantes Helpline

+30 6971693446 (WhatsApp) 📞

Information and support for LGBTQI+ refugees
Interpretation available upon request

Dipla sou

11528 📞

Information and support for LGBTQI+ persons
English and French
Monday – Friday
12:00 – 18:00



Job Counselling and Integration

CRS Adama Centre

+30 6945267788 📞 🗨️ 🌐

Greek labour market and job counselling sessions / welfare allowances

English, Farsi, Arabic, French, Sorani, Ukrainian and Kurmanji

Monday – Friday 09:00 - 17:00

IRC Career and Self-Employment Counselling

+30 6947250695 📞

livihoods.ath@rescue.org

Career counselling sessions

Labour rights and work culture etc.

French, Farsi/Dari, Arabic and Ukrainian

Monday - Thursday 10:00 - 17:00

IOM Integration4All

http://integration4all.gr/en 🌐

Information on employment, education, and integration

English



Emergency Numbers 24/7

1) European Emergency Service 112 📞

2) Police 100 📞

3) Ambulance Service 166 📞

4) CoastGuard 108 📞

5) Fire Brigade 199 📞



Useful Helplines and Services in Greece

General

UNHCR +30 2162007800 📞

great@unhcr.org

https://help.unhcr.org/greece/ 🌐

Information and support for asylum-seekers and refugees

English, French, Arabic, Farsi, Sorani, Russian, Ukrainian, Greek, Turkish and Somali

Monday - Friday 09:00 – 17:00

WhatsApp number: +30 2112347078 🗨️

Scan to go to website →



Ministry of Migration and Asylum

https://migration.gov.gr/en/ 🌐

Information and support on asylum procedures, integrating in Greece, returning to home country
English



Refugee.Info page

www.refugee.info/greece/ 🌐

Information on asylum procedures, work permits, registering children for school or finding a doctor
English, Arabic, Farsi, French, Ukrainian and Urdu



UNHCR
The UN Refugee Agency

Vaccines for All

<https://vaccinesforall.gr/>

English, Greek, French, Arabic, Farsi, Urdu,
Albanian, Ukrainian, Georgian and Amharic



For Psychological and Psychosocial Support



National Center for Social Solidarity (EKKA) General Protection Helpline 197

Information, Guidance, Psychosocial Support and Referrals.

English and French
24/7

EPAPSY Helpline

+30 6932415956
refugeementalhealth@epapsy.gr

Psychosocial support

Arabic and French 6936514113

Farsi 6936514120

Ukrainian 6936514117

Monday – Friday 11:00 - 19:00

Available also through WhatsApp and Viber

Klimaka (Suicide help)

1018

Psychosocial support and counselling to persons considering suicide

English and French

24/7

Hellenic Red Cross - Tracing Department

+30 2105230043

tracingstaff@redcross.gr

Support to people with missing family members

English, French, Arabic and Farsi

Monday – Friday

08:30 – 14:30



For Medical Support

Doctors of the World (MDM)

Physical and mental health

+30 2103213150

mhpss@mdmgreece.gr

French, Farsi, Arabic and Ukrainian

Doctors Without Borders (MSF)

+30 2103839372

Medical Care

Monday – Friday 09:00 – 16:00

Farsi 6956609760

Arabic and French 6956609762

Somali 6940519469 Viber and Whatsapp

National Confederation of Disabled People (NCDP)

Diekdikoume mazi

+30 2109949837

Support to refugees and asylum-seekers living with disabilities and/or chronic illnesses

Greek and English

Monday – Friday

08:00 – 16:00

ACCMR

<https://www.accmr.gr/en/>

Map of services in the city for accommodation, legal aid, health, education, hygiene, employment English



For Children

National Emergency Response Mechanism

+30 2132128888 and 6942773030

(Available also through WhatsApp and Viber)

For homeless unaccompanied children or children living in precarious conditions.

English, Arabic, Farsi, Dari, Urdu, Panjabi, Bengali and Greek

24/7

The Smile of the Child

Violence against children (Physical, Sexual and Psychological Abuse, Neglect, Bullying, Smuggling and Trafficking + cases of missing children)

English, Arabic and Farsi based on availability

24/7:

1) National SOS Helpline for Children 1056

2) European Helpline for Children 116111

3) The European Hotline for missing children

116000



UNHCR
The UN Refugee Agency