MDM Homeless Night Shelter:
- **Languages**: Greek and English
- **Services**: Overnight accommodation, shower, laundry, food, psychosocial support, legal assistance, medical support, social integration services
- **How to access**: Daily from 09:00 to 13:00 at Alikarnassou 49, Platonos Academy, 104 41, Athens
- **Contact**: +30 2105246920

UNESCO Night Shelter and Day-Center:
1) Nikaia
- **Languages**: Greek, English and French
- **Services**: Overnight accommodation, food, shower, laundry, psychosocial support, job counselling, social integration services, referral to hospitals and drug counselling
- **How to access**: By appointment at Kotyoron 35, Nikaia, 18454, Athens
- **Contact**: +30 2168003078 +30 2104967757

2) Piraeus
- **Languages**: Greek and English
- **Services**: Overnight accommodation, food, shower, laundry, psychosocial support, job counselling, social integration services, referral to hospitals and drug counselling
- **How to access**: By appointment at Mykalis 41, Peiraeus, 18540, Athens
- **Contact**: +30 2168003076 +30 2168003077

Mano Aperta Solidarity Kitchen:
- **Languages**: Greek and English
- **Services**: Distribution of meals every Saturday and Sunday at 17:30
- **How to access**: Message the Facebook page by every Thursday with number of persons, meals and location
- **Contact**: Facebook - Mano Aperta

Genesis Hellas:
- **Languages**: Greek and English
- **Services**: Overnight accommodation, food, shower, laundry, psychosocial support, employment, legal and education counselling, referral to health and welfare services
- **Contact**: +30 2105246920 +30 2103317305 +30 2103898085 +30 2103898079
  - 24-hour telephone line SOS 15900

Spera for Women Victims of Violence and their Children:
- **Languages**: Greek and English
- **Services**: Safe accommodation, food, psychosocial support, employment, legal and education counselling, referral to health and welfare services
- **Contact**: i) +30 2103317305 +30 2103898085 +30 2103898079
  - ii) 24-hour telephone line SOS 15900

Emergency Numbers 24/7:
- European Emergency Service 112
- Police 100
- Ambulance Service 166
- Coast Guard 108
- Fire Brigade 199

Some of the below services may have waiting lists
**Jesuit Food Baskets:**
- **Languages:** Greek, English, French and Farsi
- **Services:**
  1. Distribution of food items
  2. Distribution of basic items: Clothes for children and adults, household goods, diapers, milk and toys
- **How to access:** By appointment
- **Contact:** +30 2108223827 +30 2108237835
- **How to access:** By sending a WhatsApp message to +30 6985899691

**Caritas Athens:**
- **Languages:** Greek and English
- **Services:**
  1. Distribution of meals from Monday to Friday 10:30 to 12:30
  2. Distribution of basic items such as clothes and shoes for children and adults, hygiene items and baby items
- **How to access:** Approach in person at 8:30 am Caritas at Kapodistriou 52, 10432, Athens to receive a ticket of priority
- **Contact:** +30 2105246637 +30 2105249564

**BRIDGES Humanitarian Initiative:**
- **Languages:** Greek, English, Arabic, Sorani and Turkish
- **Services:** Distribution of basic items such as clothes and shoes for children/adults and baby items
- **How to access:** Monday to Thursday 11:00 to 15:00 at Vilara 2, 10437, Athens
- **Contact:** +30 2105200894

**Goodwill Caravan:**
- **Languages:** Arabic, French, English, Farsi and Urdu
- **Services:** Distribution of basic items such as clothes and shoes for children and adults, hygiene items and baby items
- **How to access:** Monday to Thursday from 10:00 to 16:00 at Knidou 10, 10440, Athens
- **Contact:**
  i) Arabic, French and English +30 6907394069 and +30 6908585798 (WhatsApp)
  ii) Farsi, Urdu and English +30 6908555238 and +30 6996289041 (WhatsApp)

**FoodKIND:**
- **Languages:** English, French, Farsi, Turkish and Uzbek
- **Services:** Distribution of food items
- **How to access:** By sending a message Monday to Friday from 10:30 to 12:30
- **Contact:** +30 6946341972

**Shelters and Day Centers**

**Different eligibility criteria might apply such as holding an ID, AMKA or medical reports**

**Praksis Open Day Center for Homeless:**
1) **Athens**
- **Languages:** Greek and English (all weekdays), Farsi (Tuesdays and Thursdays)
- **Services:** Shower, laundry, basic health care, food (on donations basis), coffee space, job counselling, referral to social and medical public services
- **How to access:** Monday to Friday from 08:00 to 20:00 at Deligiorgi 26-28, Metaxourgeio, 10437, Athens
- **Contact:** +30 2105244574

2) **Piraeus**
- **Languages:** Greek and English
- **Services:** Shower, laundry, basic health care, food (on donations basis), coffee space, job counselling, referral to social and medical state services
- **How to access:** Monday to Friday from 08:00 to 20:00 at Zosimadon 44, 18531, Piraeus
- **Contact:** +30 6985866432