



Haweenka la kulma rabshadaha

1) Xoghaya guud ee sinaanta jinsiga (GSDFPGE) - Helpline SOS 15900 📞

- Taageerada maskaxiyah ah ee haweenka la kulma rabshada jinsiga ku salaysan.
- Ingiriis Carabi (Isniin iyo khamiis 9:00 -11:00)
- farsi (Talaadoiyo Jimce 9:00 -11:00)

2) A21 - 1109 📞 - Xiriirka khayraad ee dhibinaaysha dadka ka ganacsiga/adoonsada dadka. Ingiriis, Yukreeniyaan iyo turjumaad in la codsado 24/7

LGBTQI+

Khadka caawinta ee Emantes

+30 6971693446 (WhatsApp) 📞

Macluumaad Ka iyo taageerida LGBTQI+

qoxoontiga turjumaan waa loo heli karaa marka la codsado

Dipla sou

11528 📞

Macluumaadka iyo taageerida LGBTQI+ dadka

Ingiriis iyo faransiis

Isniin - Jimce

12:00 - 18:00



Talo bixinta shaqada iyo is dhexgalka

Xarunta CRS Adama

+30 6945267788 📞 📧 🌐

Giriig. suuqa shaqada iyo kulamda talo bixinta shaqooyinka/ gunadaryeelka.

Ingiriis, farsi, Carabi, Faransiis , Sorani, Yukreeniyaan iyo kurmaanji

Isniin- Jimce

09:00 - 17:00

IRC Talo bixinta iskaa isku shaqalaysiintaiyo xirfadaha

+30 6947250695 📞

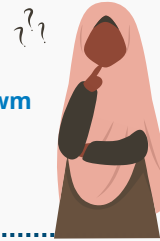
livelihoods.ath@rescue.org

Kulamada Kala talinta xirfadaha shaqo

ee xuquuqaha suuqa iyo dhaqanka shaqada iwm Faransiis, farsi/Dari, Carabi iyo Yukreeniyaan

Isniin - khamiis

10:00 - 17:00



IOM Integration4All

<http://integration4all.gr/en> 🌐

Warbixin ku saabsan shaqada, waxbarashada iyo

isdhexgalka

ingiriisi



Lambarada degdega ah ee 24/7

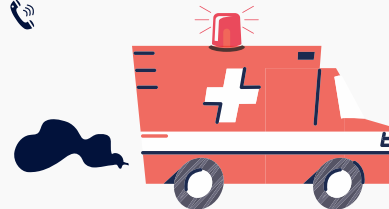
1) Adeega degdega ah ee yuribyaanka 112 📞

2) Booliska 100 📞

3) Adeega ambalaasta 166 📞

4) Ilaalada xeebaha 108 📞

5) Dab damiska 199 📞



Khadadka caawimaadka & adeegyada waxtarka leh ee giriiga

Guud ahaan

UNHCR (UNKa), +30 2162007800 📞

great@unhcr.org

<https://help.unhcr.org/greece/> 🌐

Macluumaadka iyo taageerida dadka magangalyo doonka ah iyo qoxootiga.

Ingiriis, Faransiis, Carabi, farsi, Sorani, Ruushiyaan, Yukreeniyaan, Giriig, Turkey, iyo Somali

Isniin - jimce

09:00 - 17:00

WhatsApp lambarka: +302112347078 📞



sawir halkan si aad u gasho website-ka

Wasaaradda socdaalka iyo magangalyada

<https://migration.gov.gr/en/> 🌐

Macluumaadka & ku taageerida xiliga codsiga magangalyo , dhaxgalka dalka Giriiga, ku laabashada wadankii

hooyo

Ingiriis



PageRefugee.Info

Mackuumaadka qaxootiga

www.refugee.info/greece/ 🌐

Macluumaad khuseeya qaabka codsiga

magangalyo, ogolaanshaha shaqo , diwaan galinta

iskuulka ee ciyaalka ama helitaan ka dhakhtar

Ingiriis, carabi, Farsi, Faransiis, Yukreeniyaan iyo urdu



UNHCR
The UN Refugee Agency

[Dhaman Shaqooyink](https://vaccinesforall.gr/)

<https://vaccinesforall.gr/>

Ingiriis, Giriig, Faransiis, Carabi, Farsi, Urdu, Albaaniyaan, Yukreeniyaan, Joorjiyaan, iyo itoobiyaan



[ACCMR](https://www.accmr.gr/en/)

<https://www.accmr.gr/en/>

Khariirada adeegyada mesha degenaanshaha.

Gargaarka xaga sharciga, Caafimaadka, Waxbarashada, nadaafada, shaqaalaynta

Ingiriis.



Caruurta

[Habka ka jawaabista xaaladaha dag daga ah ee qaranka](#)

+30 2132128888 & 6942773030

(Sidoo kle waxa ay diyaar idiinku yihiin dhinaca

WhatsAppka & Viberka) iyadoo loogu tala galay

caruurta hoy la'aanta ah ee aan la wehelinin ama

caruurta ku nool xaalada khatarta ah

Ingiriis, Carabi, Farsi, Dari, Urdu, Banjabi, Bengali, iyo

Giriig

24/7

[U dhoolo cadaynta cunuga](#)

Xad gudubiyada ka dhanka ah xaga caruurta (jir ahaan,

galmo ahaan iyo nafsiiyan ahaan, Ku tacadi, Dayacid

, Cagajuglayn, Tahariibin & Ka ganacsi) / kiisaska caruurta

la waysan yahy Ingiriis

Carabi iyo Farsi iyadoo ku salaysan helitaanka 24/7:

1) Khadka caawinta caruurta qaranka ee SOS 1056

2) Khadka caawinta caruurta ee yurubiyaaan 116111

3) Khadka teleefanka yurub ee caruurta la waysan yahy

ama maqan 116000

Taageerada arimaha Cilmi nafsiga iyo arimaha Bulshada



[Xarunta qaranka ee wada jirka bulshada](#)

(EKKA)Khadka caawimaadka ilaalada guud 197

Macluumaad, Hagitaan, Taageero arimaha bulshada ah iyo Gudbitaanka.

Ingiriis iyo Faransiis

24/7

[Khadka caawimaada ee EPAPSY](#)

+30 6932415956

refugeementalhealth@epapsy.gr

taageerada arrimaha bulsho Carabi iyo

Faransiis 6936514113

Farsi 6936514120

Yukreeniyaan 6936514117

Isniin - Jimce

11:00 - 19:00

Sidoo kale waxa laga heli karaa WhatsApp &

Viber

[Klimaka ee \(Caawimaada is dilida/isbiimeynta\)](#)

1018

Taageero bulsho ahaaneed iyo talo bixin ku socota

qofka ku fakaray inuu is dilo/is biimeeyo InGiriis iyo

Faransiis

24/7

[Hellenic Red Cross\(laanqayrta cas\) -Waxda](#)

[baafinta ama raadinta](#)

+30 2105230043

tracingstaff@redcross.gr Taageerada dadka ay ka

maqanyihiin/lumeen faamilkoodu

Ingiriis, French, Carabi, iyo Farsi

Isniin - Jim

08:30 - 14:30



Taageerada caafimaadka



[Dhakhaatiirta aduunka ee caafimaadka jirka iyo maskaxda \(MDM\)](#)

+30 2103213150

mhps@mdmgreece.gr Faransiis, Farsi, Carabi, Yukreeniyaan

[Dhakhaatiirta bilaa xuduuda ah \(MSF\)](#)

+30 2103839372

Xanaanada caafimaadka

Isniin-Jimce

09:00 - 16:00

Farsi 6956609760

Carabi and Faransiis 6956609762

iyo Somali 6940519469 Viber and Whatsapp

[Xidhiidka Qaranka ee dadka naafada ah \(NCDP\)](#)

Diekdikoume mazi

+30 2109949837

Taageerida qoxoontiga iyo dadka magan galyo

doonka ah ee la nool xanuunada iyo/ama naafada

ah Giriig and Ingiriis

Isniin - Jimce

08:00 - 16:00.



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The UN Refugee Agency