1) General Secretariat for Gender Equality (GSDFPGE) - "SOS Helpline" 15900
Psychosocial support to women experiencing gender-based violence
- English
- Arabic (Monday and Thursday 9:00 -11:00)
- Farsi (Tuesday and Friday 9:00 -11:00)

2) A21 - 1109 - Human trafficking resource line
English, Ukrainian and interpretation upon request 24/7

For Persons experiencing Violence

LGBTQI+

1) Emantes Helpline
+30 6971693446 (WhatsApp)
Information and support for LGBTQI+ refugees
Interpretation available upon request

2) Dipla sou
11528
Information and support for LGBTQI+ persons
English and French
Monday – Friday
12:00 – 18:00

Job Counselling and Integration

CRS Adama Centre
+30 6945267788
Greek labour market and job counselling sessions / welfare allowances
English, Farsi, Arabic, French, Sorani, Ukrainian and Kurmanji
Monday – Friday 09:00 - 17:00

IRC Career and Self-Employment Counselling
+30 6947250695
livelihoods.ath@rescue.org
Career counselling sessions
Labour rights and work culture etc.
French, Farsi/Dari, Arabic and Ukrainian
Monday - Thursday 10:00 - 17:00

IOM Integration4All
http://integration4all.gr/en
Information on employment, education, and integration
English

Emergency Numbers 24/7

1) European Emergency Service 112
2) Police 100
3) Ambulance Service 166
4) CoastGuard 108
5) Fire Brigade 199

Useful Helplines and Services in Greece

General

UNHCR +30 2162007800
great@unhcr.org
https://help.unhcr.org/greece/
Information and support for asylum-seekers and refugees
English, French, Arabic, Farsi, Sorani, Russian, Ukrainian, Greek, Turkish and Somali
Monday - Friday 09:00 – 17:00
WhatsApp number: +30 2112347078

Refugee.Info page
www.refugee.info/greece/
Information on asylum procedures, work permits, registering children for school or finding a doctor
English, Arabic, Farsi, French, Ukrainian and Urdu

Ministry of Migration and Asylum
Information and support on asylum procedures, integrating in Greece, returning to home country
English

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Refugee.Info page
www.refugee.info/greece/
Information on asylum procedures, work permits, registering children for school or finding a doctor
English, Arabic, Farsi, French, Ukrainian and Urdu
For Psychological and Psychosocial Support

National Center for Social Solidarity (EKKA) General Protection Helpline 197
Information, Guidance, Psychosocial Support and Referrals.
English and French
24/7

EPAPSY Helpline
+30 6932415956
refugeementalhealth@epapsy.gr
Psychosocial support
Arabic and French 6936514113
Farsi 6936514120
Ukrainian 6936514117
Monday – Friday 11:00 - 19:00
Available also through WhatsApp and Viber

For Medical Support

Doctors of the World (MDM)
Physical and mental health
+30 2103213150
mhpss@mdmgreece.gr
French, Farsi, Arabic and Ukrainian

Doctors Without Borders (MSF)
Physical Care
Monday – Friday 09:00 – 16:00
Farsi 6956609760
Arabic and French 6956609762
Somali 6940519469 Viber and Whatsapp

For Children

National Emergency Response Mechanism
+30 2132128888 and 6942773030
(Available also through WhatsApp and Viber)
For homeless unaccompanied children or children living in precarious conditions.
English, Arabic, Farsi, Dari, Urdu, Panjabi, Bengali and Greek
24/7

The Smile of the Child
Violence against children (Physical, Sexual and Psychological Abuse, Neglect, Bullying, Smuggling and Trafficking + cases of missing children)
English, Arabic and Farsi based on availability
24/7:
1) National SOS Helpline for Children 1056
2) European Helpline for Children 116111
3) The European Hotline for missing children 116000

Klimaka (Suicide help)
1018
Psychosocial support and counselling to persons considering suicide
English and French
24/7

Hellenic Red Cross - Tracing Department
+30 2105230043
tracingstaff@redcross.gr
Support to people with missing family members
English, French, Arabic and Farsi
Monday – Friday
08:30 – 14:30

For Psychological and Psychosocial Support

Vaccines for All
https://vaccinesforall.gr/
English, Greek, French, Arabic, Farsi, Urdu, Albanian, Ukrainian, Georgian and Amharic

ACCMR
https://www.accmr.gr/en/
Map of services in the city for accommodation, legal aid, health, education, hygiene, employment
English

For Children

National Emergency Response Mechanism
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(Available also through WhatsApp and Viber)
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