

**Counseling Center of Chios****Open: Monday to Friday 08:00 – 16:00**

Address: Provincial road Chios-Dafnonas, Chalkios

Tel: 22713 50040 , Fax: 22713 50010

Email: womanaid@outlook.com

**Counseling Center of Heraklion-Crete****Open: Monday to Friday 08:00 – 16:00**

Address: 3 Stenimachou street, Therissos

713 05, Heraklion Crete

Tel./ Fax: 2810 341387 , E-mail: irakleio@isotita.gr

**Counseling Center of Rethymnon-Crete****Open: Monday to Friday 08:00 – 16:00**

Address: 98 L. Kountourioti street, 74100, Rethymnon

Tel.: 28310 56607, E-mail: isotitavia.reth@gmail.com

**Counseling Center of Kos****Open: Monday to Friday 07:30 – 15:30**

Address: March 25th str. and E. Kapioka (corner), Zipari, Kos

Tel: 22420 67420, Fax: 22420 67429

Email: women@kos.gr

**Counselling Center of Lesbos (Mytilini)****Open: Monday to Friday 08:00 – 16:00**

2, Papdiamanti Str.,GR-81100 Mytilini

Tel. 22510 34470, Fax. 22510 34471

E-mail: mytilini@isotita.gr

**Counseling Center of Rhodes****Open: Monday to Friday 08:00 – 16:00**

Address: Agioi Apostoli Square (next to KEP)

Tel: 22410 67120, 22410 67128 and 22410 67155

Fax: 22410 67123

Email: ksymbouleytikorodou@gmail.com



*This leaflet was published with the support of UNHCR, the UN Refugee Agency, in the framework of its cooperation with the General Secretariat for Gender Equality.*

You are not alone  
You are not  
the only one

You can  
receive  
support



**Are you a woman** and you have been threatened with violence, intimidated, humiliated, insulted or forcibly isolated? Have you been beaten by anyone?

**Did anyone try to force you** to have sex or other sexual acts? Are you forced (or have been forced) to get married to anyone?

**Are you a woman** and you feel at risk of facing any kind of violence?

**Are you a mother with children** and you feel at risk of facing any kind of violence?

**In case you are facing any of these situations, you can ask for help and protection.**

The General Secretariat for Gender Equality, the competent governmental body for preventing and combating violence against women, has a network of services that can provide you with support: you can be referred to a Counselling Centre where people will listen to you and provide assistance, including information about how you can overcome this situation. You might also be accommodated in a safe Shelter with your children<sup>[1]</sup>, where you will be provided with accommodation, food and support.



Therefore, get to the person in charge of the accommodation facility (site manager) you are residing in or to UNHCR or to an NGO that operates in the accommodation facility, or to the staff of the Agency that provides you with accommodation in an apartment, and they will provide you with more information about how to have access to support. **You can also call the helpline 15900 (in Greek or in English).**

<sup>[1]</sup> Girls under the age of eighteen (18) years old. Boys under the age of twelve (12) years old.

**Any information you share with them will remain confidential and will not be shared further without your permission.**

Furthermore, depending on your needs and wishes, you may be referred to the nearest Hospital for the provision of appropriate medical treatment or medical examination, in case you wish to report the incident.

#### **What happens next:**

Counselling Centres' staff will:

- Listen to you
- Give you support and advice
- Refer you to the appropriate services, according to your needs
- In case you choose to be referred to a shelter, cash assistance that may have been provided to you before your accommodation to a shelter, will not be discontinued.

In case you are under 18, the National Centre for Social Solidarity (EKKA) can provide you with support.

**You can also call the helpline 1107 (in Greek or in English).**

#### **In particular, in case of rape:**

- Visit the closest hospital as soon as possible,
- Try not to shower before the medical examination in the hospital,
- Keep the clothes you were wearing and do not wash them, in case you wish to report the incident to police, as there might be useful evidence for the investigation.

**All services are free of charge.**