

### Counseling Center of Chalkida

**Open: Monday to Friday 08:00 – 16:00**

Address: Agiou Panteleimonos and Polytechniou,  
Vassiliko Chalkidas 340 02

T: 2221 351827, 2221 351826

E: skg.xalkideon@0932.syzefxis.gov.gr

### Women Center in Karditsa

**Open: Monday to Friday 08:00 – 16:00**

Address: 22 Iroon Polytechniou, 431 32 Karditsa

Tel.: 2441071594, Fax: 2441075141

Email: wck@hol.gr

### Counselling Center in Lamia

**Open: Monday to Friday 08:00 – 16:00**

9-11 Leonidou Str., 351 33, Lamia

Tel.: 22310 20059, Fax: 22310 20308

E-mail: lamia@isotita.gr

### Counselling Center in Larisa

**Open: Monday to Friday 08:00 – 16:00**

4, Galinou Str., 412 22 Larisa

Tel.: 2410 535840, Fax: 2410 538365

E-mail: larisa@isotita.gr

### Counseling Center of Thiva

**Open: Monday to Friday 08:00 – 16:00**

Address: 3 Kyprou str., 322 00, Thiva

Tel: 22620 89576, 2262089574

Fax: 2262027628

E-mail: symvouleutiko@thiva.gr

### Counseling Center of Trikala

**Open: Monday to Friday 08:00 – 16:00**

Address: Theodosopoulou and Tzoumagias, 421 00 Trikala

Tel.: 24310 27943, Fax: 24310 25287

E-mail: skg@trikalacity.gr

You are not alone  
You are not  
the only one

You can  
receive  
support



MINISTRY OF INTERIOR  
GENERAL SECRETARIAT  
for GENDER EQUALITY



UNHCR  
The UN Refugee Agency



MINISTRY OF INTERIOR  
GENERAL SECRETARIAT  
for GENDER EQUALITY

*This leaflet was published with the support of UNHCR, the UN Refugee Agency, in the framework of its cooperation with the General Secretariat for Gender Equality.*

**Are you a woman** and you have been threatened with violence, intimidated, humiliated, insulted or forcibly isolated? Have you been beaten by anyone?

---

**Did anyone try to force you** to have sex or other sexual acts? Are you forced (or have been forced) to get married to anyone?

---

**Are you a woman** and you feel at risk of facing any kind of violence?

**Are you a mother with children** and you feel at risk of facing any kind of violence?

**In case you are facing any of these situations, you can ask for help and protection.**

The General Secretariat for Gender Equality, the competent governmental body for preventing and combating violence against women, has a network of services that can provide you with support: you can be referred to a Counselling Centre where people will listen to you and provide assistance, including information about how you can overcome this situation. You might also be accommodated in a safe Shelter with your children<sup>[1]</sup>, where you will be provided with accommodation, food and support.



Therefore, get to the person in charge of the accommodation facility (site manager) you are residing in or to UNHCR or to an NGO that operates in the accommodation facility, or to the staff of the Agency that provides you with accommodation in an apartment, and they will provide you with more information about how to have access to support. **You can also call the helpline 15900 (in Greek or in English).**

<sup>[1]</sup> Girls under the age of eighteen (18) years old. Boys under the age of twelve (12) years old.

**Any information you share with them will remain confidential and will not be shared further without your permission.**

Furthermore, depending on your needs and wishes, you may be referred to the nearest Hospital for the provision of appropriate medical treatment or medical examination, in case you wish to report the incident.

#### **What happens next:**

Counselling Centres' staff will:

- Listen to you
- Give you support and advice
- Refer you to the appropriate services, according to your needs
- In case you choose to be referred to a shelter, cash assistance that may have been provided to you before your accommodation to a shelter, will not be discontinued.

In case you are under 18, the National Centre for Social Solidarity (EKKA) can provide you with support.

**You can also call the helpline 1107 (in Greek or in English).**

#### **In particular, in case of rape:**

- Visit the closest hospital as soon as possible,
- Try not to shower before the medical examination in the hospital,
- Keep the clothes you were wearing and do not wash them, in case you wish to report the incident to police, as there might be useful evidence for the investigation.

**All services are free of charge.**