

Counseling Center of Alexandroupoli**Open: Monday to Friday 07:00 – 15:00**Address: 2 Kartali str. (place B' KAPI), 1st floor, Alexandroupoli
T: 2551025629
E-mail: isotita@alexpolis.gr**Counseling Center of Florina****Open: Monday to Friday 07:00 – 15:00**Address: 4 Stefanou Dragoumi stree
(entrance from Gallery Tegou, 2nd floor)
Tel.: 23850 24081, Fax: 23850 23083
E: symv.kentro.flo@gmail.com**Counseling Center of Kastoria****Open: Monday to Friday 07:30 – 15:30**Address: Nees Ergatikies Katikies Kastorias
(New public houses of Kastoria), 521 00 Kastoria
Tel./Fax: 24670 22122
E-mail: counsellingwomenkastoria@gmail.com**Counseling Center of Katerini****Open: Monday to Friday 07:00 – 16:00**Address: 21 Augoustinou str., 601 00 Katerini
Tel./ Fax: 23510 36678, E-mail: womenaid@katerini.gr**Counseling Center of Kavala****Open: Monday to Friday 07:00 – 15:00**Address: 9 K. Paleologou str., Kavala T.K. 654 03
T: 2510 451390, 2510 451394, 2510 451365, 2510 451385
F: 2510 451397
E: womensaid@dkavalas.gr**Counseling Center of Komotini****Open: Monday to Friday 08:00 – 16:00**Address: 8 Konstantinou Palaiologou (public market
number 8), 69132, Komotini
T: 25310 33290, F: 2531033370
E-mail: komotini@isotita.gr**Counselling Center in Kozani****Open: Monday to Friday 08:00 – 16:00**Address: 22 Makrygianni str., 50100 Kozani
Tel. 24610 49672
Fax. 24610 49673
E-mail: kozani@isotita.gr**Counseling Center of Serres****Open: Monday to Friday 07:30 – 17:00**Address: 10 Ionos Dragoumi str., 62 122 Serres
Tel.: 23210 22253, Fax: 23210 22268
E: womenaid@serres.gr**Counselling Center in Thessaloniki****Open: Monday to Friday 09:00 – 17:00**Address: 10 Alexandroupoleos Str.
(West entrance of the city gate), 546 27 Thessaloniki
Tel. 2310 528984 & 528988, Fax: 231028980
E-mail: thessaloniki@isotita.gr**Counseling Center of Veria****Open: Monday to Friday 08:00 – 16:00**Address: 3A Capetan Agra, 591 31 Veria,
Tel: 23310 65304, Fax: 23310 64530
E-mail: isotita@veria.gr

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You are not alone
You are not
the only one

You can
receive
support



Are you a woman and you have been threatened with violence, intimidated, humiliated, insulted or forcibly isolated? Have you been beaten by anyone?

Did anyone try to force you to have sex or other sexual acts? Are you forced (or have been forced) to get married to anyone?

Are you a woman and you feel at risk of facing any kind of violence?

Are you a mother with children and you feel at risk of facing any kind of violence?

In case you are facing any of these situations, you can ask for help and protection.

The General Secretariat for Gender Equality, the competent governmental body for preventing and combating violence against women, has a network of services that can provide you with support: you can be referred to a Counselling Centre where people will listen to you and provide assistance, including information about how you can overcome this situation. You might also be accommodated in a safe Shelter with your children^[1], where you will be provided with accommodation, food and support.



Therefore, get to the person in charge of the accommodation facility (site manager) you are residing in or to UNHCR or to an NGO that operates in the accommodation facility, or to the staff of the Agency that provides you with accommodation in an apartment, and they will provide you with more information about how to have access to support. **You can also call the helpline 15900 (in Greek or in English).**

^[1] Girls under the age of eighteen (18) years old. Boys under the age of twelve (12) years old.

Any information you share with them will remain confidential and will not be shared further without your permission.

Furthermore, depending on your needs and wishes, you may be referred to the nearest Hospital for the provision of appropriate medical treatment or medical examination, in case you wish to report the incident.

What happens next:

Counselling Centres' staff will:

- Listen to you
- Give you support and advice
- Refer you to the appropriate services, according to your needs
- In case you choose to be referred to a shelter, cash assistance that may have been provided to you before your accommodation to a shelter, will not be discontinued.

In case you are under 18, the National Centre for Social Solidarity (EKKA) can provide you with support.

You can also call the helpline 1107 (in Greek or in English).

In particular, in case of rape:

- Visit the closest hospital as soon as possible,
- Try not to shower before the medical examination in the hospital,
- Keep the clothes you were wearing and do not wash them, in case you wish to report the incident to police, as there might be useful evidence for the investigation.

All services are free of charge.