

**Counselling Center in Athens****Open: Monday to Friday 08:00-16:00**

11, Nikis str., 105 57, Athens

Tel.: 210 3317305-6, Fax: 210 3315787

E-mail: isotita4@otenet.gr

**Counselling Center in Athens (Polykentro)****Open: Monday to Friday 09:00-17:00**

51, Harilaou Trikoupi &amp; Valtetsiou Str., 106 81, Athens

Tel.: 210 3898085, Fax: 210 3898079

E-mail: polykentro@isotita.gr

**Counseling Center in Fylis****Open: Monday to Friday 07:00 – 16:00**

Address: 23 Ioanni Kampoli, 133 41 Ano Liosia,

Tel./Fax: 210 2483360

E: ksfylis@fyli.gr

**Counseling Center in Halandri****Open: Monday to Friday 09:00 – 15:00**

Address: 7 Stratarhou Papagou, 152 34

T: 210 6899916

E: womenaidhalandri@gmail.com

**Counseling Center  
in Keratsini-Drapetsona****Open: Monday to Friday 08:00-16:00**

Address: n. 22 in March 25th street and

Dominikos Theotocopoulos str., Drapetsona, 186 48

Tel.: 210 4614575/Fax: 210 4614641

E: womenaidkeratsini@outlook.com

**Counseling Center in Peristeri****Open: Monday to Friday: 8:00-16:00**

Address: 1 Ethnarxou Makariou, (Building KYBE), 121 31

Tel.: 210 5783265, E-mail: skg@peristeri.gr

**Counselling Center in Piraeus****Open: Monday to Friday 09:00-17:00**

Ethnarhou Makaria Avenue (Room D),

Peace and Friendship Stadium, 185 47 Neo Faliro

Tel.: 210 4825372 &amp; 4828970, Fax: 210 4822425

E-mail: peiraia@isotita.gr

**Counseling Center in Thiva****Open: Monday to Friday 08:00-16:00**

Address: 3 Kyprou str., 322 00, Thiva

Tel.: 22620- 89576, 22620-89574

Fax: 22620-27628

E-mail: symvouleutiko@thiva.gr

You are not alone  
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*This leaflet was published with the support of UNHCR, the UN Refugee Agency, in the framework of its cooperation with the General Secretariat for Gender Equality.*

**Are you a woman** and you have been threatened with violence, intimidated, humiliated, insulted or forcibly isolated? Have you been beaten by anyone?

**Did anyone try to force you** to have sex or other sexual acts? Are you forced (or have been forced) to get married to anyone?

**Are you a woman** and you feel at risk of facing any kind of violence?

**Are you a mother with children** and you feel at risk of facing any kind of violence?

**In case you are facing any of these situations, you can ask for help and protection.**

The General Secretariat for Gender Equality, the competent governmental body for preventing and combating violence against women, has a network of services that can provide you with support: you can be referred to a Counselling Centre where people will listen to you and provide assistance, including information about how you can overcome this situation. You might also be accommodated in a safe Shelter with your children<sup>[1]</sup>, where you will be provided with accommodation, food and support.



Therefore, get to the person in charge of the accommodation facility (site manager) you are residing in or to UNHCR or to an NGO that operates in the accommodation facility, or to the staff of the Agency that provides you with accommodation in an apartment, and they will provide you with more information about how to have access to support. **You can also call the helpline 15900 (in Greek or in English).**

<sup>[1]</sup> Girls under the age of eighteen (18) years old. Boys under the age of twelve (12) years old.

**Any information you share with them will remain confidential and will not be shared further without your permission.**

Furthermore, depending on your needs and wishes, you may be referred to the nearest Hospital for the provision of appropriate medical treatment or medical examination, in case you wish to report the incident.

#### **What happens next:**

Counselling Centres' staff will:

- Listen to you
- Give you support and advice
- Refer you to the appropriate services, according to your needs
- In case you choose to be referred to a shelter, cash assistance that may have been provided to you before your accommodation to a shelter, will not be discontinued.

In case you are under 18, the National Centre for Social Solidarity (EKKA) can provide you with support.

**You can also call the helpline 1107 (in Greek or in English).**

#### **In particular, in case of rape:**

- Visit the closest hospital as soon as possible,
- Try not to shower before the medical examination in the hospital,
- Keep the clothes you were wearing and do not wash them, in case you wish to report the incident to police, as there might be useful evidence for the investigation.

**All services are free of charge.**

**Counseling Center of Alexandroupoli****Open: Monday to Friday 07:00 – 15:00**

Address: 2 Kartali str. (place B' KAPI), 1st floor, Alexandroupoli

T: 2551025629

E-mail: isotita@alexpolis.gr

**Counseling Center of Florina****Open: Monday to Friday 07:00 – 15:00**

Address: 4 Stefanou Dragoumi stree

(entrance from Gallery Tegou, 2nd floor)

Tel.: 23850 24081, Fax: 23850 23083

E: symv.kentro.flo@gmail.com

**Counseling Center of Kastoria****Open: Monday to Friday 07:30 – 15:30**

Address: Nees Ergatikis Katikies Kastorias

(New public houses of Kastoria), 521 00 Kastoria

Tel./Fax: 24670 22122

E-mail: counsellingwomenkastoria@gmail.com

**Counseling Center of Katerini****Open: Monday to Friday 07:00 – 16:00**

Address: 21 Augoustinou str., 601 00 Katerini

Tel./ Fax: 23510 36678, E-mail: womenaid@katerini.gr

**Counseling Center of Kavala****Open: Monday to Friday 07:00 – 15:00**

Address: 9 K. Paleologou str., Kavala T.K. 654 03

T: 2510 451390, 2510 451394, 2510 451365, 2510 451385

F: 2510 451397

E: womensaid@dkavalas.gr

**Counseling Center of Komotini****Open: Monday to Friday 08:00 – 16:00**

Address: 8 Konstantinou Palaiologou (public market

number 8), 69132, Komotini

T: 25310 33290, F: 2531033370

E-mail: komotini@isotita.gr

**Counselling Center in Kozani****Open: Monday to Friday 08:00 – 16:00**

22 Makrygianni str., 50100 Kozani

Tel. 24610 49672

Fax. 24610 49673

E-mail: kozani@isotita.gr

**Counseling Center of Serres****Open: Monday to Friday 07:30 – 17:00**

Address: 10 Ionos Dragoumi str., 62 122 Serres

Tel.: 23210 22253, Fax: 23210 22268

E: womenaid@serres.gr

**Counselling Center in Thessaloniki****Open: Monday to Friday 09:00 – 17:00**

10 Alexandroupoleos Str.

(West entrance of the city gate), 546 27 Thessaloniki

Tel. 2310 528984 &amp; 528988, Fax: 231028980

E-mail: thessaloniki@isotita.gr

**Counseling Center of Veria****Open: Monday to Friday 08:00 – 16:00**

Address: 3A Capetan Agra, 591 31 Veria,

Tel: 23310 65304, Fax: 23310 64530

E-mail: isotita@veria.gr

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**Did anyone try to force you** to have sex or other sexual acts? Are you forced (or have been forced) to get married to anyone?

**Are you a woman** and you feel at risk of facing any kind of violence?

**Are you a mother with children** and you feel at risk of facing any kind of violence?

**In case you are facing any of these situations, you can ask for help and protection.**

The General Secretariat for Gender Equality, the competent governmental body for preventing and combating violence against women, has a network of services that can provide you with support: you can be referred to a Counselling Centre where people will listen to you and provide assistance, including information about how you can overcome this situation. You might also be accommodated in a safe Shelter with your children<sup>[1]</sup>, where you will be provided with accommodation, food and support.



Therefore, get to the person in charge of the accommodation facility (site manager) you are residing in or to UNHCR or to an NGO that operates in the accommodation facility, or to the staff of the Agency that provides you with accommodation in an apartment, and they will provide you with more information about how to have access to support. **You can also call the helpline 15900 (in Greek or in English).**

<sup>[1]</sup> Girls under the age of eighteen (18) years old. Boys under the age of twelve (12) years old.

**Any information you share with them will remain confidential and will not be shared further without your permission.**

Furthermore, depending on your needs and wishes, you may be referred to the nearest Hospital for the provision of appropriate medical treatment or medical examination, in case you wish to report the incident.

#### **What happens next:**

Counselling Centres' staff will:

- Listen to you
- Give you support and advice
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In case you are under 18, the National Centre for Social Solidarity (EKKA) can provide you with support.

**You can also call the helpline 1107 (in Greek or in English).**

#### **In particular, in case of rape:**

- Visit the closest hospital as soon as possible,
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**All services are free of charge.**

**Counseling Center of Arta****Open: Monday to Friday 08:00 – 15:00**

Address: 24 Tzavella str., Arta

Tel./Fax: 26810 77400

E-mail: womenaid@arta.gr, skgarta@gmail.com

**Counselling Center in Ioannina****Open: Monday to Friday 08:00 – 16:00**

Address: 68, Marika Kotopoulou Str., 454 45

Tel./Fax: 26510 7449

E-mail: ioannina@isotita.gr

**Counseling Center of Kalamata****Open: Monday to Friday 08:00 – 16:00**

Address: Perrotou and Mantiklou, Kalamata

Tel: 27210 99212-225, Fax: 27210 99225

E-mail: ksg@kalamata.gr

**Counseling Center of Korinthos****Open: Monday to Friday 08:00 – 16:00**

Address: 58 Ethnikis Antistaseos str. (ground floor), 201 31

Tel./Fax: 27410 74670

E-mail: skgyndk@otenet.gr

**Counselling Center in Patra****Open: Monday to Friday 08:00 – 16:00**

Address: 101b Kanakari Str., 262 21 Patras

Tel./ Fax: 2610620059

E-mail: patra@isotita.gr

**Counseling Center of Preveza****Open: Monday to Friday 07:00 – 15:00**

Address: 6 Ionias str., 481 00, Preveza,

Tel.: 26820 24444, Fax: 26820 89667

E-mail: womenaid@1485.syzefxis.gov.gr

**Counseling Center of Pyrgos****Open: Monday to Friday 08:00 – 16:00**

Address: Taki Petropoulou and Patras street, 271 31

Tel.: 26213 62634

E-mail: pyrgoswomen@outlook.com

**Counseling Center of Tripoli****Open: Monday to Friday 08:00 – 16:00**

Address: New Dimotiki Agora

(municipal market) square, 221 31

Tel: 2710 241814, Fax: 2710 239592

E-mail: tripoli@isotita.gr

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**All services are free of charge.**

**Counseling Center of Chios****Open: Monday to Friday 08:00 – 16:00**

Address: Provincial road Chios-Dafnonas, Chalkios

Tel: 22713 50040 , Fax: 22713 50010

Email: womanaid@outlook.com

**Counseling Center of Heraklion-Crete****Open: Monday to Friday 08:00 – 16:00**

Address: 3 Stenimachou street, Therissos

713 05, Heraklion Crete

Tel./ Fax: 2810 341387 , E-mail: irakleio@isotita.gr

**Counseling Center of Rethymnon-Crete****Open: Monday to Friday 08:00 – 16:00**

Address: 98 L. Kountourioti street, 74100, Rethymnon

Tel.: 28310 56607, E-mail: isotitavia.reth@gmail.com

**Counseling Center of Kos****Open: Monday to Friday 07:30 – 15:30**

Address: March 25th str. and E. Kapioka (corner), Zipari, Kos

Tel: 22420 67420, Fax: 22420 67429

Email: women@kos.gr

**Counselling Center of Lesbos (Mytilini)****Open: Monday to Friday 08:00 – 16:00**

2, Papadiamanti Str.,GR-81100 Mytilini

Tel. 22510 34470, Fax. 22510 34471

E-mail: mytilini@isotita.gr

**Counseling Center of Rhodes****Open: Monday to Friday 08:00 – 16:00**

Address: Agioi Apostoli Square (next to KEP)

Tel: 22410 67120, 22410 67128 and 22410 67155

Fax: 22410 67123

Email: ksymbouleytikorodou@gmail.com



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**Counseling Center of Chalkida****Open: Monday to Friday 08:00 – 16:00**Address: Agiou Panteleimonos and Polytechniou,  
Vassiliko Chalkidas 340 02

T: 2221 351827, 2221 351826

E: skg.xalkideon@0932.syzefxis.gov.gr

**Women Center in Karditsa****Open: Monday to Friday 08:00 – 16:00**

Address: 22 Iroon Polytechniou, 431 32 Karditsa

Tel.: 2441071594, Fax: 2441075141

Email: wck@hol.gr

**Counselling Center in Lamia****Open: Monday to Friday 08:00 – 16:00**

9-11 Leonidou Str., 351 33, Lamia

Tel.: 22310 20059, Fax: 22310 20308

E-mail: lamia@isotita.gr

**Counselling Center in Larisa****Open: Monday to Friday 08:00 – 16:00**

4, Galinou Str., 412 22 Larisa

Tel.: 2410 535840, Fax: 2410 538365

E-mail: larisa@isotita.gr

**Counseling Center of Thiva****Open: Monday to Friday 08:00 – 16:00**

Address: 3 Kyprou str., 322 00, Thiva

Tel: 22620 89576, 2262089574

Fax: 2262027628

E-mail: symvouleutiko@thiva.gr

**Counseling Center of Trikala****Open: Monday to Friday 08:00 – 16:00**

Address: Theodosopoulou and Tzoumagias, 421 00 Trikala

Tel.: 24310 27943, Fax: 24310 25287

E-mail: skg@trikalacity.gr

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