



During the COVID-19, LGBTI refugees, asylum-seekers and stateless persons are more vulnerable and exposed to health risks and without enough protection measures. So:

### Avoid going out, but if necessary:



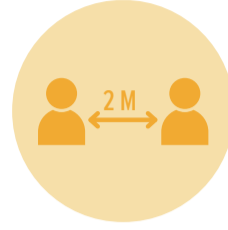
Wear face masks



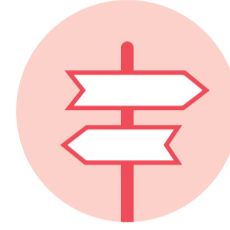
Wash your hands with soap and water frequently



Avoid touching your face



Keep distance from others



Always follow the provisions of the local authorities



**Isolation in times of COVID-19 is very important, but it brings challenges.**

If your rights were violated and/or threatened: **REPORT IT!**



Call **100**



It is free and in English

If you have symptoms of COVID-19, stay home.



Cough



Fever



Sore throat

If you feel shortness of breath,

seek medical assistance at the nearby health unit.



Shortness of breath



### You have the right to access public health services in case of contracting COVID-19

If you are looking for specific health care and need specific medication (including for treatment of HIV or sexually transmitted infections), look for nearby public health units.



Take care of your mental health 😊

It is important to keep in touch with your family and friends.



### You can request the government's "Auxílio Emergencial"

If you are unemployed or with financial difficulties to cope with the economic impact of the pandemic.



Find updated information through civil society organizations.



The process is free.



**Platform HELP**

[help.unhcr.org/brasil/](https://help.unhcr.org/brasil/)